



The Canberra Swiss Club Inc. Newsletter



**Vol. 26 No. 2
July 2023**

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Upcoming Club Events

All events are subject to last minute changes/cancellations: check Facebook for updates.

Date (2023)	Event	Date (2023)	Event
Sat 29 Jul	Swiss National Day celebration	Oct (TBA)	Spring Picnic
*Sun 10 Sept	Jass Tournament	Fri 17 Nov	AGM
Sat 7 Oct	Boat Cruise Lake Burley Griffin	Sun 3 Dec (TBC)	Samichlaus

* - new date

Your Swiss Club Committee

Position	Name	Phone	Email
President	Werner Albrecht	6291 4160	president.canbswissclub@gmail.com radio_cms@hotmail.com
Vice President	Sonja Gasser	0409 386 235	canberraswissclub@gmail.com
Secretary	Cathy Schmidli	0402 584 194	secretary.canbswissclub@gmail.com
Treasurer	Sam Sainsbury-Käser	0416 052 797	treasurer.canbswissclub@gmail.com
Public Officer	Sonja Gasser	0409 386 235	publicofficercanberraswissclub@gmail.com
Property Officer	Matthias Käser	0405 453 155	heavenlykandw@gmail.com
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Committee Member	Gaby Hasler	0451 840 440	gaby_hasler@yahoo.com.au
Committee Member	Markus Hegland		markus.hegland@gmail.com
Choir Co-Ordinators	Markus Hegland Cathy Schmidli	0402 584 194	markus.hegland@gmail.com secretary.canbswissclub@gmail.com

Suggestions & Articles



Committee members are happy to hear from members about suggestions for events, or for any members who may need help or who are ill, so we can send a card or offer any help we can.



If you have any news to share, we would love to put it in our newsletter and or Facebook. Submissions for the next edition of the newsletter are due by 25 September through Dave (triumphtiger46@gmail.com).

Please join our Facebook page using this [link](#) or the QR code.

President's Message

Dear members and friends of the Canberra Swiss Club

The Club has had a good year so far. At the end of March, it was Family Picnic time in Weston Park which was a lovely casual event. We had a good mix of all ages, from grandparents with grandchildren to young families with small children. It was so nice to have time to catch up and chat. We are already planning another picnic for later in the year. One month later, the Mulligan Flat bush walk had to be moved to a week later due to wet weather. When it did take place, the group attending enjoyed the beautiful nature and each other's company.

The next event major event for the club was the annual Fondue night at the central location of Albert Park, which was taking place just as the newsletter was being prepared. We look forward to a great report with lots of photos in the next newsletter. With the extremely cold weather, I am sure that many members and guests enjoyed the delicious Swiss national dish. Dipping fresh bread into tasty fondue is sure to warm the soul. I would like to offer my sincere thanks to the volunteers who help to make this such a fantastic event.

It might be even chillier for the Swiss National Day on 29th of July. Despite the cold and it being an outside event, many members believe it has the best atmosphere, so I look forward to seeing you there.

Finally, the Club is now able to organise another much-loved member event, a boat tour with lunch on lake Burley Griffin. It is another occasion of coming together, meeting friends and other members and catching up. There is something for everyone.

Please remember, if you have an idea for an event, please contact me or another committee member. Suggestions are always welcome.

With best wishes

Werner Albrecht
President
Canberra Swiss Club

Autumn Family Picnic

After a wet Saturday, Sunday 26 March turned out to be a gorgeous day with sunshine, just perfect for the picnic. The facilities opposite the play station in Weston park are an ideal place and include a big playground for children, BBQ facilities, picnic tables and public toilets.

A total of thirteen adults, six children and a dog joined the casual picnic. While the children happily played, the adults enjoyed catching up and chatting.



From grandparents to a just a few months-old baby, all age groups were present. It was great to meet friends and loyal members and especially nice to meet two young families from members, who joined the club as teenagers.

And how they all loved Cathy's delicious Lächerli. Everyone could come and go as it suited them. This was much appreciated, especially by families with small children. The wish was expressed to have such picnics more often. As a result, the next one is already in the planning.





Annual Bushwalk

Mulligans Flat Nature Reserve

After a first attempt at the annual bushwalk which was cancelled due to rain, undeterred by overnight drizzle, seven members of the club met at Wildbark in Throsby for a walk in the 1300-hectare Mulligans Flat Nature Reserve.

Wildbark is an innovative new learning centre that opened in November 2022. It also has a cafe and children's play area.

The group met in the cafe where, while enjoying coffee and hot chocolate, the group discussed options for the walk and decided on the Ground to Summit Walk.

We promptly set off across the open grassland before climbing a stile over the fence to commence the quite reasonable gradient to the top through some open forest. Soon we reached the lookout where we got views to the west and southwest of the sprawling Gungahlin district.



At the lookout



Walking in the hail/snow

Continuing to the summit of Sammys Hill, we could now see to the south of the ACT. We stopped for a while to take in the view but soon noticed rain clouds in the distance and immediately started back.

After covering a short 200m we were greeted with small soft snow like hail falling upon us and we all enjoyed the unique experience for what it was: fun.

Luckily the eagle eyes on the weather got us back to Wildbark just as the downpour started. So we all stayed and had lunch together at the cafe.

Another great walk with good friends, we hope to see more people at next year's walk.

Swiss National Day Celebration



The sausages have been ordered, the bonfire will be built, ready to be lit and the choir are tuning their vocal cords! That means it's time again for the Swiss National Day Celebration! We hope you can join us for this spectacular event for all the family to enjoy. Good fun for all ages, we always have a great mix of young and old. Guests are also welcome and can even become

members on the night and enjoy this great event for free, as well as free or discounted entry to our other events throughout the year.

When: Saturday 29 July 2023, gates are open 4-5pm
(please don't arrive late as we will close the gates).

Where: 86 Keirs Road, Murrumbateman. Follow the little Swiss flags from the Hill View Drive turn off the main road, just after Murrumbateman on the right-hand side (heading towards Yass).

Cost: Free for all Swiss club members.
Non-members: \$20/adult and \$30/families for day membership, food is included.

Bring some cash as there may be some uncooked sausages available for sale on the night and possibly some other small goods.
Pro-Patria badges will be available for \$8.

Bring: Your favourite dessert for the dessert table. Warm clothes (it is outdoors and gets very cold, so rug up!), including a coat, beanie and gloves, shoes you don't mind getting a bit muddy. Mugs/cups: one for drinks (cordial, Glühwein, coffee) and one for soup. Torch / headlamp.

Call for volunteers: Help is always very much appreciated. If anyone can come early, stay late or help during the evening please call the President, Werner Albrecht on 6291 4160 or email him at president.canbswissclub@gmail.com.

Remember to look after your own safety and that of others. There will be open fires and hot food and it will get dark. The Club does not accept any responsibility for any damage, injury, or loss sustained in relation to this event.

Annual Jass tournament

- When:** 1:30pm, Sunday 10 September 2023
- Where:** one of our member's homes: 1266 Bungendore Rd, Bywong NSW
- Cost:** \$10 members, \$15 non-members
- Please bring** a dessert or salad to share after the tournament
- Contact** Sonja Gasser: 0409 386 235, canberraswissclub@gmail.com

If you are interested in playing or watching the card game of Jass, please join us for a fun afternoon of good company and tasty food afterwards.

Everyone is welcome. We play a Schieber variation of Jass with trumps, obenabe and undenufe. The players at each table together decide each round whether to use the Swiss-German or SwissFrench cards.

The rules are accessible by email or by contacting Sonja.

Please let Sonja know if you would like to come to the competition, either to participate, be a spare participant (because we need the number of participants to be divisible by 4), or if you just want to watch. Prizes available for the winners!



Lake Burley Griffin Lunch Cruise

When: Saturday 7 October 2023
12.30 to 3.30pm

Where: MV Southern Cross Boat at
Canberra Yacht Club, Mariner
Place (off Alexandrina Drive)



Cost: \$45 for adults
\$20 children under 12 years. Maximum 70 people.

Special Diet Please advise of any special dietary requirements with your booking.

RSVP Bookings by Monday 11th September, using this [link](#) or by scanning the QR code.



Important: Meet 20 minutes beforehand at 12.10pm.
This allows time to be signed in by a member of the Southern Cross Club. Don't miss the boat!

The price includes the cruise itself and an onboard sit-down 2 course lunch and some drinks from the bar (the club will have a tab) as you watch the Canberra scenery go by.

This event is for club members only and it will be subsidised by club funds. If the boat is not fully booked, we may be able to add a few extra non-club members. It will be advised closer to the time if there are any spare seats available and also the price for non-members.

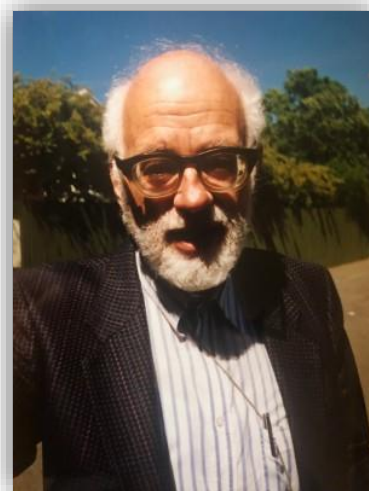
The boat has fully enclosed seating and is currently being renovated to be even better. We hope as many members as possible can attend, particularly those who have restricted mobility or are unable to come to other activities. Please let Cathy (secretary.canbswissclub@gmail.com) (0402 584 194) or another member of the committee know if you need transport or any other help to get to the cruise.

It was very popular when the club did a similar cruise 9 years ago, and the food has been very good in the past. We hope to see you there.

Vale Hans Kuhn

A funeral service of thanksgiving and celebration of the life of Hans Kuhn, Professor Emeritus, was held on 3 February and was attended by many from his large circle of friends and former colleagues.

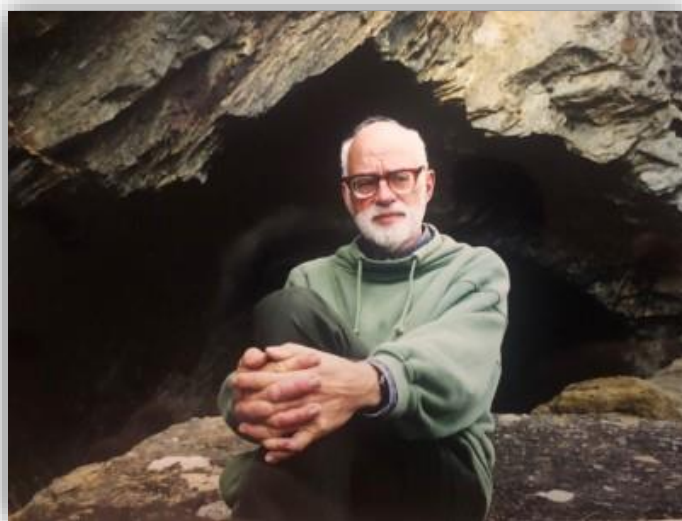
Hans Kuhn was born in St Gallen on 22 May 1927 and died in Canberra on 20 January 2023. He moved with wife Edith and family to Canberra in 1964 to take up a chair as professor of Germanic languages at the ANU and settled in Campbell, in a home with a steep access, rather reminiscent of Switzerland.



Hans was an inspired, enthusiastic and very generous teacher. Many of his former students remember him with gratitude and pride for having been one of his students. He remained at ANU until his retirement. However, retirement was not a concept known to him and he remained active in his research to the very end of his life.

Hans became a member of the Canberra Swiss Club in its early days in 1968 and throughout his life remained very interested and supportive of the club as is reflected in his life membership. His particular contribution was acting as electoral officer at the annual general meeting, a task that he carried out with good humour and, occasionally, the necessary patience. His last attendance at a club function was at the annual general meeting in November last year.

He will be fondly remembered by the Canberra Swiss community.



Basler Mehlsuppe

A lovely winter warming soup from the Basel region. In English, the name (Flour soup) is not as enticing, but I assure you it tastes delicious, particularly when served with freshly baked crusty bread.



Ingredients

- 100g butter
- 125g white flour
- 2 litres soup stock (vegetable or beef)
- salt
- freshly grated nutmeg
- 4 tablespoons of a full-bodied red wine
- 50g grated Gruyere cheese

Method

1. Melt the butter in a pan and remove from the heat. Add the flour and mix, before placing the pan back on the stove. Turn the heat right down and continue to stir the flour for 20-30 minutes until it is a caramel brown colour.
2. Add the stock bit by bit, stirring in between so that the flour completely dissolves. Simmer for one hour and add more stock if necessary.
3. Season with salt, nutmeg and wine. If you wish to, you may pass the mixture through a sieve to remove any lumps and then simmer for a bit longer.
4. Serve in warmed bowls or cups and sprinkle with grated cheese.

Personally, I also like to add some garlic croutons to mine, or some small pieces of fried black forest ham. You could also add a swirl of cream. Use your imagination and enjoy.

Canberra Day Weekend 2023

Annual Coast Trip

All attendees met on the Friday night at the bistro located within Murramarang Beach side Holiday Resort for a pleasant meal and some drinks sitting outside by the pool in the very pleasant autumn evening. We then progressed to one of the group's cabin for nightcaps and great conversation, before retiring to our chosen various forms of accommodation.



Tranquil beach for all ages

On the Saturday morning after an ocean swim by some, we undertook the nearby easy Wasp Head bush walk and its views of nearby Wasp Island. We then spent the afternoon relaxing before once again meeting up for the traditional Raclette feast for dinner. A great night as always, though this time we sat on a deck watching the fisher folk and having the tranquil sounds of the surf as our serenading song.



Walking at Oaky Beach

Sunday morning saw us back in the water for another swim before taking off to explore the national park. We did some 4-wheel driving through the park stopping for a walk along Oaky beach walking track and to explore the beaches and coastal heath at North Head camping ground. The evening saw us meet at one of the BBQ areas for a communal meal. While we did get some rain, we all stayed dry under the shelter and by the time we finished eating, the rain had stopped.

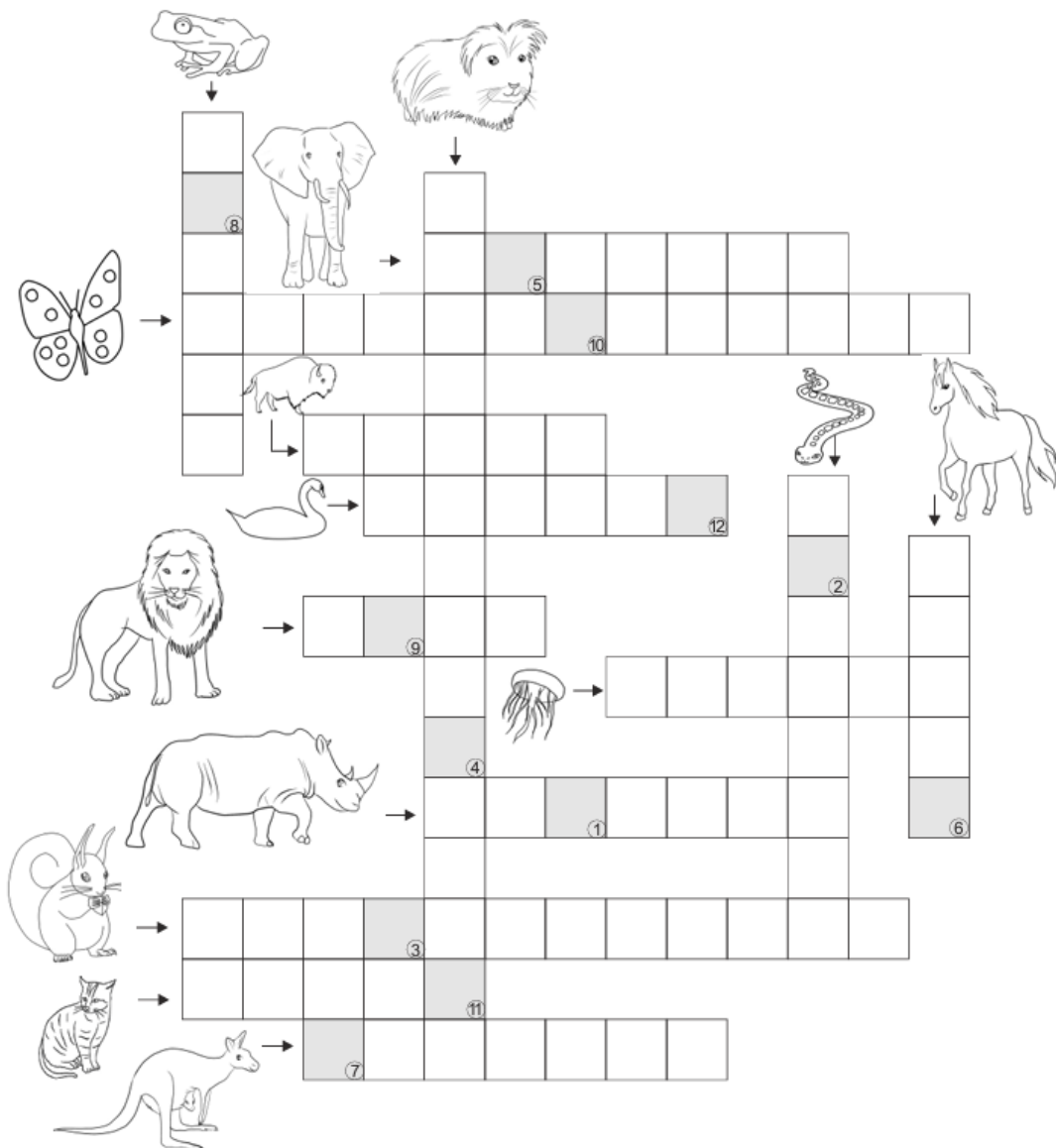
Monday saw us meet up for a catch up and quick goodbye before heading home in what was quite reasonable traffic for a long weekend.

Thanks to those who participated and see you all next year.

Something for the children

Match the words and then complete the crossword.

- | | | | |
|------------|-----------|-----------------|--------------|
| Frog | Snake | Meerschweinchen | Pferd |
| Butterfly | Horse | Bison | Kangarü |
| Guinea Pig | Rhino | Löwe | Schildkröten |
| Elephant | Squirrel | Frosch | Schlange |
| Bison | Cat | Schmetterling | Eichhörnchen |
| Swan | Kangaroo | Elefant | Nasshorn |
| Lion | Tortoises | Schwan | Katze |



Lösungswort:

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What do you know about Switzerland?

1



Where is the highest point in Switzerland?

- a Matterhorn, Zermatt in Canton Valais
- b Dufour Spitz in the Valais Monte Rosa Mountain Chain
- c Säntis in the Appenzell Alps

2



How many lakes are there in Switzerland?

- a 4500
- b 3500
- c 1500

3



Which is the longest river in Switzerland?

- a Aare
- b Rhein
- c Rhone

4



Which town is known as Siberia of Switzerland for its coldest temperature of -41.8° ?

- a Chur, Grisons
- b Zermat, Valais
- c La Brévine, Jura

5



Which canton has three of the national languages?

- a Grisons
- b Valais
- c Tessin

6



When was the first lady elected to the Federal Parliament?

- a 1984
- b 1993
- c 1972

7



What is a Waggislarve in Basel?

- a A butterfly caterpillar native to Basel
- b A statue outside the Basel Theater
- c A traditional carved mask

8



Which ingredient does not belong in the Basler Flour Soup?

- a Cheese
- b Flour
- c Milk

The wild daffodils of Montreux

High above Lake Geneva in the Les Avant region, fields of wild daffodils carpet the sunny slopes in spring. These beautiful flowers have been the symbol of Montreux and Vaud Riviera for over a century. During the Belle Epoque, a period of European history which began in the late 1800s and ended at the beginning of World War I, the flower fields were thought of as the attraction of the year. Indeed from 1897 to 1957, the Narcissus festival in Montreux was considered *THE* festival with international orchestras and operas playing there, and processions of floats adorned with daffodils were paraded through the city. In 1954, the festival was part of the first transmission of the Eurovision song contest to 7 countries.



Daffodil picking has been a real tourist attraction since the 19th century but is now somewhat discouraged. Traditionally people come from all four corners of Switzerland by train and by car to take home a little bunch of “May Snow”.

In recent years, with the help of a website which provides daily information as to the location of the flower fields and the status of the flowers, as well as suggested walks, the fields are once again becoming really popular.

If you are in Switzerland during this time of year, I highly recommend a hike to see them. Just remember a walk in

Switzerland is code for a hike and will help to elevate your heart rate, not just with the stunning views but also the physical exertion.



<https://www.narcisses.com/>

