



The Canberra Swiss Club Inc. Newsletter



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**PO Box 3211
Manuka ACT 2603**

Phone: 0409 907 196 (President)

email: canberraswissclub@gmail.com

web: <http://swissclubact.com/>

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Upcoming Club Events

All events are subject to last minute changes/cancellations

Date (2022)	Event	Date (2022)	Event
Sat 4 June	Bushwalk, Mulligan's Flat	Sun 18 Sept	Go Karting
*Sat 18 June	Fondue (cheese) Night	Sun 9 Oct	Canberra Jass Tournament
Sun 12 Jun	Australian Jass Tournament	Fri 25 Nov	AGM
**Sat 6 Aug	Swiss National Day Celebration	Sun 4 Dec	Samiclaus Picnic
TBA	Eisstock Tournament		

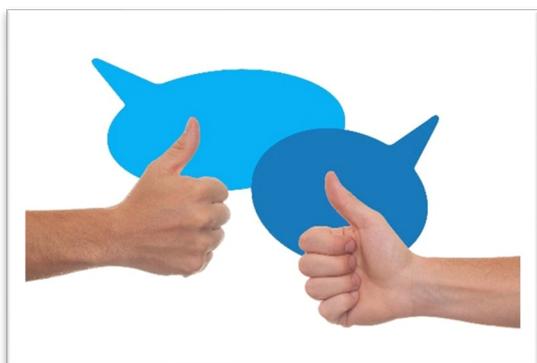
* - change of date and venue – see page 4 for details

** - change of date

Your Swiss Club Committee

Position	Name	Phone	Email
President	Chris Heiniger	0409 907 196	president.canbswissclub@gmail.com
Vice President	Werner Albrecht	6291 4160	werner_cms@hotmail.com
Secretary	Cathy Schmidli	0402 584 194	secretary.canbswissclub@gmail.com
Treasurer	Sam Sainsbury-Käser	0416 052 797	treasurer.canbswissclub@gmail.com
Public Officer	Sonja Gasser	0409 386 235	publicofficercanberraswissclub@gmail.com canberraswissclub@gmail.com
Property Officer	Matthias Käser	0405 453 155	heavenlykandw@gmail.com
Committee Member	Dave Hall	0411 284 201	triumphtiger46@gmail.com
Newsletter Editor	Julie Slater		julie_slater@outlook.com

Your feedback is important to us



As your committee, we work hard each year to put a program together of events for our members. We love doing this. Nonetheless we would like to have your input, so that we can continue to meet the expectations of our members. Later this year, we will be putting together a survey and hope that you will take the time to complete it.

In the meantime, if you have any suggestions, please email them to secretary.canbswissclub@gmail.com or speak to a committee member.

President's Message

Fellow Members,

It looks like we are getting back to a normal life again with the current Covid situation. We are currently organising the next few events. They are listed in this newsletter. In June we will have our traditional Fondue night and due to Covid restrictions on numbers we are no longer able to go to the old venue. Instead it will take place at the Albert Hall on Saturday 18 June as this was the only available date.

On 13th May, I represented the Canberra Swiss Club, at the "Jungbuergerfeier" here at the Swiss Embassy. It was a pleasure to meet the young adults with their families. I would like to thank the Ambassador Mrs. Caroline Bichet-Anthamatten for organising and hosting this event.

At the end of July, we will have the Swiss National Day celebration on Lustenberger's farm again. I would like to thank the Lustenberger family already for hosting our event. The organisation of that event is going ok. We have ordered the sausages and we can't wait for the BBQ with the Cervelats and Bratwuerste.

Talking about all the upcoming events, we need HELPERS! Our committee is struggling with doing all the work and organising for the events. Therefore we need helpers and volunteers for both events. Without helpers the events will not happen. If you have some spare time and would like to help, please contact any committee member.

On the Queen's Birthday long weekend (12. June 2022), we are hosting the 11th Australian Jass Tournament here in Canberra. Sonja and Dave have been very busy organising the event. The numbers look promising too. I'm very interested to meet new faces from all over the country, and maybe someone local will step up and win the tournament.

In November, the Swiss Embassy is hosting the Oceania Swiss Club President's Conference. The Canberra Swiss Club will be helping out with some organising together with the Embassy and the organising committee. We would also love some volunteers for this too. Due to Covid the last meeting was cancelled in Auckland (NZ). The Ambassador Mrs Caroline Bichet-Anthamatten heard of the situation and kindly invited the Oceania Swiss Club President's to host the meeting at the Embassy here in Canberra. This will be my first attendance as a President. I'm very interested to see how it runs and what is happening. We will receive some more information later on and I will keep you informed.

Please stay warm and safe. Keep the fires burning as we didn't really have a hot summer and winter is nearly here.

Thank you.

Christoph Heiniger

President

Canberra Swiss Club.

Mulligans Flat Bird Walk

New date due to bad weather on the original date



An enjoyable walk through box-gum grassy woodland with patches of forest. Many birds (over 150 varieties are present) can be observed at the dams and throughout the reserve. You will likely see wallabies, kangaroos, and maybe if you're lucky an echidna or shingleback lizard. The reserve is also home to some reintroduced species (including curlews, bettongs, quolls) but most of these are nocturnal: there are regular ranger guided after dark tours to see these.

Mulligans Flat Nature Reserve restores the rich variety and abundance of woodland habitats and native wildlife that were present before European settlement. A very significant feature of the sanctuary is the absence of feral predators and herbivores due to the introduction of the predator proof fence surrounding this special place within the Canberran landscape.

When: Saturday 4 June 2022 (walk starts at 10:15)

Time: 10am at Mulligans Flat Carpark (Amy Ackman St, Forde), or 10:30am at the Woolshed inside the reserve.

Walk length: 6km return, 2 hours easy (there are a couple of shortcuts if you don't want to do the whole walk).

Bring: appropriate clothes and shoes/boots for bushwalking, hat, sunscreen, raincoat, water, snacks, picnic lunch.

Queries: If you have any queries, contact Sonja Gasser, ph 0409 386 235, or check the Facebook site for any cancellations due to weather or COVID restrictions.

Map: Click on this [link](#) or the QR code for details.



Australian Jass Tournament

We are excited to be hosting the 11th Australian Jass Tournament. We already have 50 players registered from across Australia coming to join us for this great card-playing event.



You don't have to be an expert or experienced player to participate and spectators are most welcome.

Dinner will be held afterwards and friends and family are also welcome.

Registration is already due, but has been extended until at least Sunday 29 May, so get in quickly using the online link below. Should that be closed off or if you are able to donate any prizes, please send an email to canberraswissclub@gmail.com or contact Sonja Gasser.

When: Sunday 12 June 2022, 9am - 5pm, dinner from 6pm.

Where: Gungahlin Lakes Club, 110 Gundaroo Dr, Nicholls ACT 2913

Cost: \$40, (including tea/coffee, morning/afternoon tea, and lunch)

\$30 for non-players (food and drinks)

\$45 - Dinner

Registration: ASAP, via our website, click on the [link](#) or scan the QR Code



Ausserberg, Valais

Fondue Night

Note the new venue and change of date

When: Saturday, 18 June, 7 – 11 pm

Where: Albert Hall
100 Commonwealth Ave, Yarralumla

Cost: \$30.00 for members
\$40.00 for non-members
Children under 12 free (one parent/guardian must be a member)

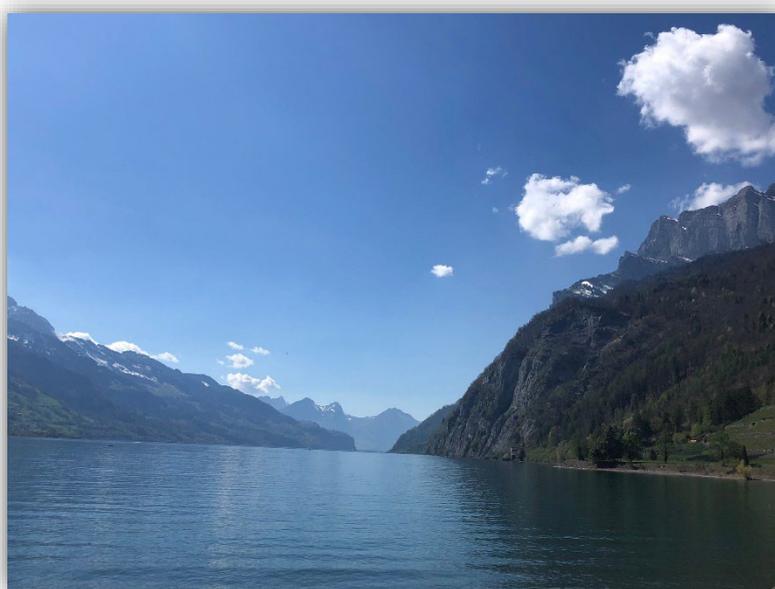
Bring: fondue set and burner with forks (and any spares if you have them)
(please label your fondue set and burner with your full name)
forks, wine glasses and drinks.

RSVP Via this [link](#) or scan the QR code
Bookings and payment must be received by Friday 3 June
and must include names for all people on the booking.



Donations

We are very fortunate to have donations for our tombola (raffle) from Victorinox and the Swiss Ambassador that were donated last year. We know you will love the prizes! If there are any items that you want to donate, please bring them along on the night.



Wallensee, St Gallen / Glarus

Swiss National Day Celebration



The sausages have been ordered, the bonfire will be built, ready to be lit and the choir are tuning their vocal cords! That means it's time again for the Swiss National Day Celebration! We hope you can join us for this spectacular event for all the family to enjoy. Good fun for all ages, we always have a great mix of young and old. Guests are also welcome and can even become

members on the night and enjoy this great event for free, as well as free or discounted entry to our other events throughout the year.

When: Saturday 6 August 2022, gates are open 4-5pm (please don't arrive late as we will close the gates).

Where: 86 Keirs Road, Murrambateman, follow the little Swiss flags from the Hill View Drive turn off the main road, just after Murrambateman on the right-hand side (heading towards Yass)

Cost: Free for all Swiss club members, non-members \$20/adult and \$30/families for day membership, food is included.

Bring some cash as there will be some uncooked sausages available for sale on the night and possibly some other small goods.

Bring: Your favourite dessert for the dessert table, warm clothes including a coat, shoes you don't mind getting a bit muddy, a beanie and gloves (it gets very cold, so rug up!), mugs/cups (bring two, one for cordial or Glühwein and one for soup).

Call for volunteers: Help is always very much appreciated. If anyone can come early, stay late or help during the evening please call the President, Chris Heiniger on 0409 907 196 or email him at president.canbswissclub@gmail.com.

Remember to look after your own safety and that of others. There will be open fires and hot food. The Club does not accept any responsibility for any damage, injury, or loss sustained in relation to this event.

Annual South Coast Weekend Away

11-14 March 2022

Fri 11th

Even though there was a forecast of more rain and the preceding 10 days had delivered 600mm of the wet stuff at the location, a number of club members gave it a red hot go and headed to North Durras for what turned out to be a great weekend in terms of weather and company with the added bonus of the lake being open to the ocean.

The regular Friday night meetup in Batemans Bay for dinner was held this year at Stingrays Ocean and Grill. Hearty meals including delicious local oysters. Such was our fun, we were the second last group to leave the restaurant. A few of us even visited the nearby Ice Cream parlour for a delicious dessert.



At Stingrays



The Sweet Teeths

Sat 12th



Our expeditionary canoeists

What to do? Well we had people droning, bushwalking, reading, fungi foraying, canoeing, swimming, fishing or just relaxing. There was something for everyone, just take your pick or add surfing or snorkelling if

that is your penchant.

As per the unofficial program of events, the annual raclette night was held outside the cabins in Joalah holiday park where everyone brought food along, and swapped treats of salads, sides, desserts and other items to make a great night. The weather gave us a wonderful night and after the meal we sat around an open fireplace and chatted. Don't forget your schnapps!



The Raclette Feast

Sun 13th

The normal golf session was excluded this year due to not enough players. However mid-morning saw a small group make their way to nearby Murramarang National Park to undertake the Pebbly Beach to Snake Bay 5.6km return walking track. The track was quite overgrown as it appeared to have been left to recover after the 2020 bushfires and had done quite successfully. Rangers are yet to replace some of the burnt out bush steps and signage but it doesn't affect the experience. So lush is the recovery that the walk at times was very humid and the track difficult to follow.

We had lunch in the shade of a small overhang on the southern side of Snake Bay where we sighted no snakes but saw other wrigglers in the form of centipedes and leeches, sometime companions in a rain forest environment. Our group had plenty of experience dealing with Aussie bush encounters, so no need to worry.



Snake Bay



Awesome signage



The Waterfall (look hard)



Where's the track?



Anyone could drop in for coffee

In the evening we had the regular BBQ dinner and again we had wonderful weather sitting outside with our front seat views of the lake and ocean. Someone always starts the wood BBQ (Heinz this time) and everybody cooks their own.



La Prez Le Chef, under supervision of course.

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Mon 14th



Durras Beach and open inlet to lake

A handful of us got up pre-dawn to photograph nearby Little Depot and Durras beaches as the sun rose; so tranquil, so peaceful until the short lived drizzle started.



Little Depot Beach at dawn



Heinz cooking breakfast

Most people left today, after a hearty Rösti breakfast, returning home for work/school on Tuesday. A few chose to make an extra-long weekend and miss the ‘public service 500’ as the traffic jam back to Canberra is sometimes called. The remainder had a relaxing day walking and exploring the local area before meeting up for a joint BBQ dinner.

If you’ve never attended our regular Canberra Day long weekends and want more information, any of the committee would be glad to assist with your enquiries. None of the events are mandatory, and you are welcome to join in with whatever you are comfortable with.

Looking forward to seeing you at the coast next year!



Book now for the 2023 Coast Weekend *new location*

Next year, we will be having our annual coast weekend at the NRMA Murramarang Beachfront Holiday Resort, South Durras. This is a change of venue from previous years, nestled in the National Park, offering a wide variety of accommodation options (camping, caravans, glamping safari tents, cabins and villas, etc). There's an on-site bar and restaurant, swimming pool, games room, BBQs and other facilities. Book for as long as you want over the Canberra Day Long Weekend (falling on Monday 13 March 2023) - most of us are there from at least Friday night until Monday morning.

Book through their website nrmaparksandresorts.com.au/murramarang or phone 1300 767 255. The long weekend is a popular time to go to the coast, so we are encouraging everyone to book early. Please also let us know if you are going (email canberraswissclub@gmail.com), so that we can find you and include you in our events at the coast.



Hiking ideas for your next trip to Switzerland

There are so many wonderful places to hike in Switzerland, and I love jumping on the train and exploring. One of my most recent hikes was along the Southern Ramp from Hohtenn via Ausserberg to Brig which takes you along the old Lötschberg mountain route; more than 100 years old. Spectacular views, old water ways, a suspension bridge and the stunning village of Ausserberg are just some of the treats along the way. It is a relatively easy hike and there are some nice places to stop and have a drink along the way as well as train stations or bus stops should you wish to break up the trip.

For more information click on this [link](#) or scan the QR code



Pre-Easter Family Picnic

On the 27 March a lovely group of people gathered by the playground at Black Mountain Peninsula, ranging in age from 7 months to grandparents. Werner Albrecht and Gaby Hasler had an early start arriving in time to have breakfast and reserve a spot before the rest of us arrived. Although we had planned some games for the children, they were not needed as the children were quite happy enjoying the playground. We were very pleased to meet the Schweizer family for the first time, who came to Canberra to visit their relatives who were also present. We hope they will join us again for another Swiss Club event. Thank you to Gaby who had made some Easter goodies and thanks to all those who attended.







Canberra Swiss Choir



Do you sing in the shower?? 😊

If so, you should consider joining the Canberra Swiss Club's Cremeschnitte-Choerli. We will make you feel very welcome and promise you will have fun!

The choir mostly sings Swiss songs in our national languages and currently has between 15 and 20 active singers who are guided by our excellent and committed musical director, Geoff Roberts. We are accompanied on piano by the talented Linus Lee and, whenever circumstances permit, by guitarist Dave Hall.

Choir rehearsals are relaxed and enjoyable. There are no auditions and singers don't need to be able to read music. We are a mixed choir and encourage men and women to come along; more male voices would be most welcome. After the rehearsal we often sit together for a drink or a bite to eat.

Prior to Covid, we performed several times a year, for example in November 2019 we gave a much appreciated Weihnachtskonzert at Goodwin House in Ainslie and we look forward to planning some future events.

Why don't you come to a rehearsal and see for yourself what a great group this is.

When: SECOND and FOURTH Tuesday of every month, 6pm-7.30pm

Where: Kellar, HARMONIE GERMAN CLUB,
Jerrabomberra Avenue, Narrabundah

Cost: \$5 per rehearsal

Info: <http://swissclubact.com/choir>
<http://swissclubact.com/choir-news>

Contact: Regula Neilson on 0409 399 633, click on this [link](#) or scan the QR code to fill in your details so a choir member can contact you.



Something for the children

Schlangen Suchsel

Suche die 10 Wörter in der Suchsel und kreuze sie rot ein. Viel Erfolg!

U	P	L	S	G	I	F	T	K	W	E	J	N	Y	C
P	D	O	N	Z	U	N	G	E	W	F	R	E	V	F
Y	S	F	C	P	Z	S	E	A	W	Ü	S	T	E	Z
B	T	Q	N	L	Ä	G	S	P	N	J	V	O	Z	Q
F	H	W	U	V	H	W	U	R	W	P	O	P	R	F
A	J	S	Y	D	N	Z	S	C	H	U	P	P	E	N
P	Q	C	S	E	E	H	G	T	S	G	D	X	I	U
V	I	H	P	B	K	V	C	D	M	Q	S	L	P	Z
E	M	L	Z	W	V	X	S	A	P	X	C	W	D	R
N	L	A	I	A	L	L	N	A	L	V	H	Ü	T	E
B	O	N	I	L	R	K	U	O	D	I	U	R	V	P
I	P	G	C	D	Z	G	W	C	O	T	N	G	Z	T
S	H	E	V	U	C	H	H	B	H	I	G	E	T	I
J	B	A	X	I	T	H	Q	Z	B	R	E	N	Y	L
C	T	Z	U	J	M	T	E	U	H	K	L	M	O	V

Finde die folgenden Wörter:

- 1) SCHLANGE
- 2) REPTIL
- 3) GIFT
- 4) ZÄHNE
- 5) WÜRGEN
- 6) WALD
- 7) SCHUPPEN
- 8) WÜSTE
- 9) DSCHUNDEL
- 10) ZUNGE

Solothurn Torte

A yummy meringue based torte. Like most good food, it takes time to prepare but is well worth the effort, unless you live close to Solothurn and can buy it from the many delicious bakeries.



Meringue

- 3 egg whites
 - 100g sugar
 - 80g ground hazelnuts
 - 1 tbsp cornstarch
1. Preheat oven to 150 C and line two baking trays with baking paper. Draw a 22cm circle on each sheet of baking paper.
 2. Beat the eggs, and add half of the sugar a tablespoon at a time. Continue beating until mixture is shiny and peaks form.
 3. In a separate bowl, mix the remaining sugar, hazelnuts and cornstarch. Fold this gently into the egg mixture.
 4. Put meringue mixture into a piping bag and pipe a spiral beginning from the centre.
 5. Bake for about 20 minutes



Sponge

- 3 egg yolks
 - 80g sugar
 - 60g ground hazelnuts
 - 1 tbsp warm water
 - 1 tbsp cornstarch
 - 1 tsp salt
 - 1 tsp vanilla paste or extract
 - 1 tsp baking powder
 - 80g flour
 - 3 egg whites
1. Preheat oven to 200 C and line the bottom of a 22 cm springform with baking paper and grease the sides
 2. In a large bowl, whisk the egg yolks with sugar, water, salt and vanilla.
 3. In a separate bowl, mix the hazelnuts, flour, cornstarch and baking powder and then fold into the egg yolk mixture.
 4. In a separate bowl, whisk the egg whites until stiff and glossy. Gently fold into the egg yolk mixture.
 5. Spread the mixture into the prepared springform tin and bake for about 20 minutes or until the top is golden and it starts to pull away from the sides.
 6. Leave to cool.
 7. Cut off a thin slice of the top layer of the sponge to even it out.

Buttercream

- 150g butter
 - 120g icing sugar
 - 50g ground hazelnuts, lightly roasted
 - Shot of hazelnut liqueur
1. Beat the butter until soft and fluffy.
 2. Sift in the icing sugar, beat well and then add the hazelnuts and liqueur.

Assembly

- Roasted, chopped hazelnuts
 - Hazelnut liqueur
1. Add a small dollop of buttercream to the serving plate
 2. Place a meringue layer on the plate flat side down.
 3. Spread about 1/3 of the buttercream on top of the meringue
 4. Paint both sides of the sponge with liqueur.
 5. Place the sponge on top of the buttercream.
 6. Spread the rest of the buttercream on top of the sponge and on the sides. Take care not to spread the buttercream onto the meringue.
 7. Press the chopped hazelnuts into the buttercream on the sides.
 8. Place the second meringue on top (flat side to the sponge).



What do you know about Swiss Cheese?

1



Which cheese belongs in a *Moitié Moitié* fondue?

- a Gruyère, and Vacherin
- b Emmental and Vacherin
- c Gruyère and Appenzell

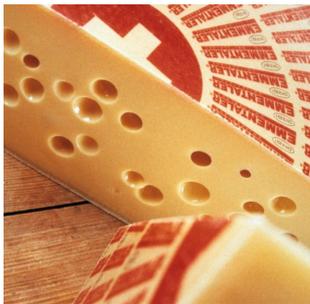
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How long has *Raclette* cheese been around?

- a 1682
- b 1906
- c 1291

3



The holes in Emmental are very important. What does it mean when they are not round, but are oval and really large or small?

- a A high quality cheese
- b It has some extra ingredients
- c It will not taste so good

4



Approximately how much raw milk is needed to make 35 kg of *Gruyere*?

- a 50 litres
- b 200 litres
- c 400 litres

5



What is the "*Religieuse*"?

- a The holes in cheese
- b The cheese crust at the bottom of the fondue pot
- c A spreadable cheese

6



Which drink helps with fondue digestion?

- a Kirsch schnapps
- b White wine
- c Black tea

7



The Tete de Moine cheese was eaten in the 12th century. What else was it used for?

- a Soap
- b Cushion
- c Payment method

8



Which type of wood is used to ripen Vacherin Mont-d'Or?

- a Beech
- b Pine
- c Oak

9



How long must Sbrinz be ripened for?

- a 6 months
- b 12 months
- c 18 months

10



How much cheese does the average Swiss person consume in a year?

- A 21.5 kg
- b 32.5 kg
- c 35.5 kg

Sechseläuten Zurich's spring festival



Each year for the past half a century, Zurich city celebrates the end of winter and the arrival of spring towards the end of April. It is called Sechseläuten, translated to six bells ringing. It came about in the 16th Century when the city council decided to extend the working day by an hour given the increasing daylight in spring. One of the bells at the Grossmünster cathedral signalled the end of the working day.

The celebration of the arrival of spring includes a children's parade which has been held since 1904 with some 3000 children dressing up and taking part in the parade and some 800 musicians. The guild's parade represents the 25 different guilds and includes 3500 participants as well as 350 people on horseback. The festival ends with the burning of the Böög (translated means



bogeyman but looks more like a snowman), which is packed full of fireworks. There is a public bbq afterwards where sausages are cooked over the embers of the fire. This festival is well worth a visit.